

# February 2025 Newsletter

I saw the end of the Steelers-Ravens NFL game a few weeks ago. The Ravens had quickly moved down the field to try a routine field goal that would win the game and put them in the play-offs, and the kicker shanked it to the right. He could have been a hero, but instead was the goat. We saw how broken-hearted he was while his coach tried to console him.

I have never had the opportunity to make an error in an important game, but I have made plenty of errors in life. Some were relatively harmless. Others hurt people's feelings. Some might have damaged congregational life. When I become aware of errors, I can sometimes shrug my shoulders and say, "Oh well." Sometimes I need to seek out a person and apologize for my insensitivity or bad behavior. Sometimes I just want to cry.

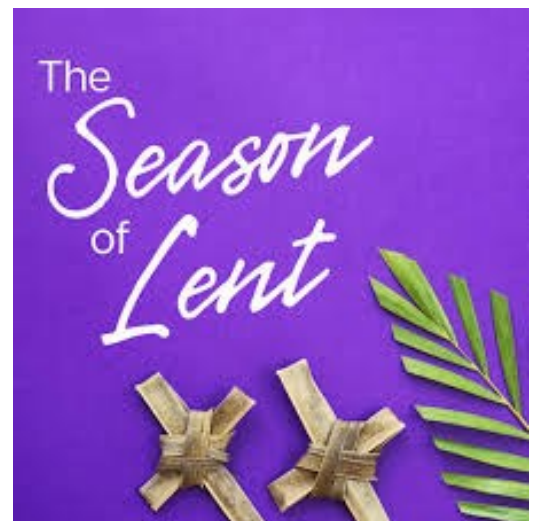
It's those moments when I just want to cry that lead me to God with a repentant heart. I know I could have done better. I could have played the situation much more wisely. I should have known! At those moments my self-righteousness is in tatters and I need to trust in the righteousness of God to forgive and give me the opportunity to begin again.

The good news is that we can begin again. Our God is a God of fresh starts. We begin with that message on Ash Wednesday and it carries us through to Easter Sunday. I don't have to kick myself over and over. I can pick myself up and start the journey again.

On February 18 we begin our 2026 Lenten journey. I hope that you will take advantage of opportunities to experience God's grace. If your soul is burdened, I pray that you will find release. If you are ashamed or haunted by sin, I pray that you will find comfort in God's forgiveness. If you are running from your sin, I pray that God's grace will catch up to you. Lent is a time to take giant steps of faith as we prepare to once again celebrate the resurrection of our Lord. What would you like to do this Lent?

See you in church.....

Loren



**Deadline for March Newsletter  
is February 19**



February 1	Chris Holtz
February 3	Howard Gransee
February 11	Judy Patterson
February 12	Emily Fogal
February 14	Rebecca Stephans
February 15	Alexander Fogal
February 17	Peter Carlsen
February 24	Genevieve Frodermann
	Ella Holtz
February 25	Paul Pogalz



Please pray for: Bill Stromme, Mike & Carol Prenzlów, Bill Kase, Rosemary Horseman, Howard Gransee, Ruth Allen, Joyce Olson, Dick Wolff, Jack Heisermann, Jim Stucky and Dick Hewitt prayers for renewed health and strength.

**First Presbyterian Church**  
**507-635-4781**  
**presbykasson@kmtel.com (email)**  
**www.presbykasson.org (website)**

**Pastor Loren Olson**      **507-676-3836**  
**1875 Cedar Valley Dr NW** **presbypastor@kmtel.com**  
**Owatonna, MN 55060**      **Call for anything needed.**

**Church Secretary**      **Church Office Hours**  
**Ann Driver 507-202-1632**      **My hours can be flexible as needed.**



Treasurer's Report:	
Treasurer's Report as of December 31, 2025	
Receipts	\$ 6,249.09
Expenses	\$ 5,447.34
Balance	\$ 801.75
Needed weekly	\$ 2,488.17
Needed monthly	\$ 10,782.08
The receipts do NOT include the noncash items, memorials or roof repair.	

## PW CORNER

**Greetings Ladies,**

**Happy Valentine's Day everyone,**

We THANK Mary Wilke and Paulette Riedel for all the work they did on the 2026 PW Booklet. Mary took the photo that graces the cover. They can be picked up on February 1st in the Fellowship Hall.

We are in the second full month of winter as it is plain to see when we look outside at all the accumulated snow; but of course it could actually be worse if we compare our snow amounts to that of other areas. Since we are hearty

Minnesotans we just grin and bear it and carry on the best we can.

As stated last month there are no PW activities until April, but we are scheduled for delivering Meals On Wheels February 23rd – 27th. As always, if you would like to volunteer for this worthy task, please contact Sharon Law and sign up. Again, many thanks to all who participate in delivering these meals and also a big THANK YOU to Sharon for organizing the delivery volunteers.



## ***PW CORNER***

Many thanks to all that have prepared and served coffee and treats for our Sunday morning fellowship time.

Continue your prayers of support and comfort for: Bill Stromme, Mike & Carol Prenzlow, Bill Kase, Rosemary Horseman, Howard Gransee, Ruth Allen, Joyce Olson, Dick Wolff, Jack Heisermann, Jim Stucky and Dick Hewitt for strength and healing.

All our prayers continue to be needed for everyone in military service, law enforcement, public offices, health care workers, educators, and all in Christian ministry, may God bless and guide them all.

AND NOW, what you have all been waiting for – **FUN VALENTINE'S DAY TRIVIA!!!**

The oldest Valentine's Day card was written in the 1400's – it is preserved and on display in the British Museum. Another source states the oldest PRINTED card was produced in 1797 with cupids and flowers.

The Catholic Church took St. Valentine off the General Roman Calendar in 1969, though it continues to recognize him (whoever he may be) as a saint.

Alexander Graham Bell applied for a patent for the telephone on Valentine's Day, 1876.

Penicillin was introduced to the world on Valentine's Day. The drug became mass produced in 1944.

The Cadbury company offered their chocolates in a heart-shaped box in 1861.

Hallmark started mass-producing Valentine's Day cards in 1913.

Due to the COVID pandemic, in 2021 Valentine's jewelry sales shot up 15%, going from ranking the 11th most popular gift to the number three spot.

THE SWEETEST VALENTINE Esther Thom

**Two paper hearts were cut just so,  
These little hearts were colored red,  
"Dear Grandma and dear Grandpa, too,  
It hangs upon the kitchen wall--**

**And tied together with a bow.  
And one had printed words that said,  
I love you very much, I do".  
Our sweetest valentine of all.**

VALENTINE GLOW Carole Johnston

**There is a day in February when hearts are so aglow  
That little thoughts of springtime reach out to melt the snow.  
'Tis love for one another that through cold and gray can shine;  
'Tis love for one another that makes a valentine."**

Lots of "Hugs and Kisses" and "Candy Heart Wishes" for a very Happy Valentines Day;  
God bless and protect each and everyone of you.

Sue Alberts

### **Inclement Weather Cancellation Notification Policy**

#### **For First Presbyterian Church Kasson**

*If the worship service is canceled, there are four ways to find out:*

- 1. Posted on the Church Website: <https://presbykasson.org>*
- 2. Posted on First Presbyterian Church Kasson Facebook Page*
- 3. KTTC - Channel 10 Television and Online at KTTC Closings and Cancellations: <https://kttc.com/closings-and-delays/>*

*The Clerk of Session and Pastor Loren make the decision about canceling worship, keeping the safety of all congregational members and staff in mind.*



## February is the American Heart Month

In 1964, President Lyndon B. Johnson issued the first proclamation declaring February American Heart Month. Each year, this is a time to spotlight heart disease, by bringing awareness and sharing how to take steps to prevent this deadly disease.

According to the American Heart Association, heart disease is a leading cause of death in the United States for both men and women. They also offer tips on action items you can take to prevent heart disease:



**Know your risk.** Knowing your risk can help you make lifestyle changes.

**Eat a healthy diet.** Start making healthy choices that include daily vegetables and less processed foods.

**Be physically active.** Move more – it's one of the best ways to stay healthy, prevent disease, and age well.

**Watch your weight.** Stay at a healthy weight for you.

**Check your blood pressure and cholesterol.** These are two main risk factors that could lead to heart disease.

Raising awareness is essential not only in the month of February but also year-round. It's the awareness that can ultimately save a life and on the first Friday of February, the nation celebrates National Wear Red Day to bring greater attention to heart disease as a leading cause of death for Americans.

It's also the perfect time to take training from the American Red Cross on how to perform Cardiopulmonary Resuscitation (CPR) and how to use an Automated External Defibrillator (AED) to help save lives. Cardiac arrest claims thousands of lives every year. Red Cross CPR/AED classes can help you save a life when every moment counts.

Take a lifesaving class today, at [redcross.org/take-a-class](http://redcross.org/take-a-class).

Written by Maria Arango, American Red Cross Public Affairs

### PW Recipe Corner

#### **Raspberry Pretzel Dessert** - from Marion Burdick

2 cups coarsely crushed pretzels	1/2 cup powdered sugar
2/3 cup melted butter	2 cups miniature marshmallows
3 Tbsp Sugar	1 - 6 oz. pkg. raspberry Jello
1 med container Cool Whip	2 cups boiling water
1 - 8 oz. pkg. cream cheese	2 cups frozen raspberries

Mix pretzels, butter and sugar together and press into 9x13 pan. Bake 15 minutes at 350 degrees. Cool. Mix softened cream cheese, powdered sugar, Cool Whip and marshmallows together and spread on cooled crust. Dissolve Jello in water. Add frozen raspberries to Jell. When cool, spoon Jello on cream cheese layer. Refrigerate. Serve with a dollop of Cool Whip or whipped cream



Name: \_\_\_\_\_ Date: \_\_\_\_\_



# February



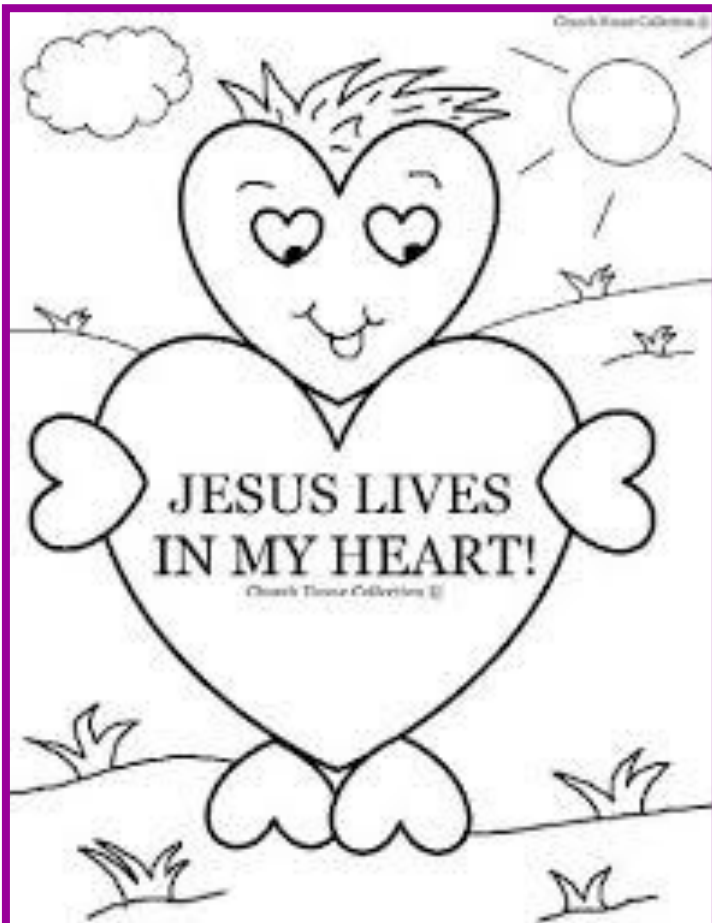
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BOUQUET	HUG	SHADOW
CARD	KINDNESS	SKIING
CHOCOLATE	LEAP	SLEDDING
CUPID	LINCOLN	VALENTINE
EQUALITY	LOVE	WASHINGTON
FEBRUARY	PREDICT	WINTER
FOOTBALL	PRESIDENTS	
GROUNDHOG	RIGHTS	
HEART	SECOND	



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# February Kid's Page



If you find yourself balking at God's instructions in your life, it is an indication of the importance you place on God and His will.  
**PRISCILLA SHIRER**

"For My thoughts are not your thoughts, nor are your ways My ways," declares the Lord."  
**ISAIAH 55:8**

The LORD is righteous in all His ways and kind in all His deeds.  
**PSALM 145:17**

Whatever things were gain to me, those things I have counted as loss for the sake of Christ.  
**PHILIPPIANS 3:7**

We all, with unveiled faces, are reflecting the glory of the Lord and are being transformed into the same image from glory to glory;  
**2 CORINTHIANS 3:18**

Your life involves you but is not ultimately about you.  
**PRISCILLA SHIRER**

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.  
**EPHESIANS 2:10**

But I will sacrifice to You with the voice of thanksgiving. That which I have vowed I will pay. Salvation is from the Lord.  
**JONAH 2:9**



# FEBRUARY 2026



SUN	MON	TUE	WED	THU	FRI	SAT
Worship @ 10 am 1	2 Groundhog Day	3	4	5 No Fellowship Circle	6 Nat'l Wear Red Day	7
Worship @ 10 am 8 Superbowl Sunday	9	10	11	12	13	14 Valentine's Day
Worship @ 10 am 15	16 President's Day	17 Session 5:30 pm Marti Gras	18 Game, Fellowship & Treats 1-3 pm Ash Wednesday	19 No PW	20	21
Worship @ 10 am 22 Washington's Birthday	23	24	25	26	27	28
<div style="border: 1px solid green; padding: 5px; display: inline-block;"> <b>Meals on Wheels</b> </div>						

## February Observances & Fun Facts

February 2026 is Observed as

Black History Month  
American Heart Month

February Birthstone

Amethyst

February Flower

Violet